

Rahanis Parks Place



About the Program



Rahanis Parks Place is a free summer program offered by Burlington Parks and Recreation. The program provides participants the opportunity to engage in fun and safe outdoor activities, including games, sports, and arts and crafts. Our goal is for every child to have a safe and fun summer!

IMPORTANT INFORMATION

WHO: Children who have completed grades K-5

WHERE: Rahanis Park, 84 Mill St., Burlington, MA 01803

WHEN:

June 30 - August 15

Monday - Friday

(closed July 4th) (closes at noon on August 15th)

TIME: 9:00 am - 3:00 pm

PHONE: 781-281-9940



REGISTRATION

Pre-registration is required. Registration can be done through the Burlington Parks and Recreation website.

LEAVING THE PARK WITHOUT A PARENT/GUARDIAN

Before the beginning of each session, a form will be sent to your email address, which will ask whether or not your child has permission to leave the park on their own. Please fill out the form before attending the first day of camp. If not completed, the child will require a parent or guardian to pick them up from camp.

RAIN DAYS

If it is raining before our start time, call Burlington Parks and Recreation at **781-270-1695** and **press 3** to find out if we will be moving to our rain day location at Burlington High School Cafeteria. You can also check out the Burlington Parks and Recreation Twitter and Facebook pages. There will be no rain day location on Fridays. If it begins to rain during the day, we will remain open as long as it is safe to do so. If conditions seem unsafe, come pick your child up. We will call the numbers that are listed on the Emergency Contact sheet if needed.

EPIPENS

If your child requires an EPIPEN, please ensure that all necessary forms are filed with the Parks and Recreation office before the child begins their week of the program. If you have any more questions, please refer to the general parent info guide.

MISCELLANEOUS

- Please pack enough water for your child to make it through the day. We encourage the participants to take many water breaks throughout the day. It is essential to ensure the children stay hydrated, as we will be outside in the heat and participating in various activities.
- Please pack your child with plenty of snacks and a lunch for the day. Please pack a nut-free lunch and snack. It's essential to pack a lunch that will refuel the children because we will be outside in the heat.
- The staff also recommends that your child bring sunscreen to the park, as most of our activities will be done in unshaded areas.
- Your child is expected to wear sneakers as they will be participating in games that require physical activity and are using surfaces that aren't meant for bare feet (grass, mulch, pavement, etc.). Water days will be announced in the parent letter that is sent out at the beginning of each week.
- All staff are certified in First Aid and CPR. Please be sure to note any allergies, illnesses, or medications your child has when registering. Your child should bring any necessary items, such as inhalers, and know how to use them properly.
- If you plan not to attend the week you signed up for, please email or call the Recreation Department as soon as possible. Therefore, children who are on the waitlist can experience the Parks Place program.

EXPECTATIONS

Your child's safety is our staff's number one priority. To ensure we have a safe and fun summer, there are a few expectations:

1. Be respectful to everyone at the park.
2. Listen to and follow instructions given by staff or volunteers.
3. Keep your hands to yourself.
4. Treat others the way you want to be treated.

Expectations will be communicated to the children at Rahinis Park and altered if needed. If issues escalate, Burlington Parks and Recreation staff and parents will be notified to determine the next course of action.

Theme Weeks:



Every Thursday, the children will have the opportunity to participate in a theme day. Children are welcome to dress up for the occasion if they would like. (theme is subject to change)

Week 1: Red, White, and Blue

Week 2: Superhero

Week 3: Under the Sea

Week 4: Disney

Week 5: Detectives

Week 6: Olympics

Week 7: Neon Colors

Daily Schedule

9 am Drop Off: Please do not drop your child off early, as we will be busy setting up for the day and will not be able to provide proper supervision. Staff are not responsible for children dropped off before the program start time.

9-9:45 Activity (dodgeball)

9:45-10 Activity (capture the flag)

10- 10:30 Craft

10:30 am Snack Time: Before our large group activities, the children will have the opportunity to have a quick break and eat snacks.

10:30-11 Activity (wiffle ball)

11-11:30 Craft

11:30-12 Activity (fishy fishy)

Noon Lunch: If your child plans on remaining at the park, please provide them with a lunch in a solid lunchbox. We are unable to provide food for any of the children. Please avoid sending children with lunches that contain peanuts or tree nuts, as some participants have allergies.

12:45-1:45 Free play (4 square, park, craft)

1:45-2:45 Activity (go bananas)

3:00 pm Closing/Pick Up: Children can be picked up anytime during the day. Our staff and volunteers are not expected to stay past 3:00, so please be considerate by arriving on time.

Sample Weekly Schedule

Games and activities will be subject to change from week to week.

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|--|--|--|--|
| 9:00 am – Drop off/Free play |
| 9-9:45 am – Activity (Dodgeball) | 9-9:45 am – Activity (Kickball) | 9-9:45 am – Activity (Dodgeball) | 9-9:45 am – Activity (Obstacle Course) | 9-9:45 am – Activity (Corn Hole) |
| 9:45-10 am – Activity (Capture the Flag) | 9:45-10 am – Activity (Freeze Tag) | 9:45-10 am – Activity (Knock Out) | 9:45-10 am – Activity (Capture the Flag) | 9:45-10 am – Activity (Freeze Dance) |
| 10-10:30 am – Activity (Craft) |
| 10:30 am – Snack |
| 10:30-11 am – Activity (Wiffle Ball) | 10:30-11 am – Activity (Red Light, Green Light) | 10:30-11 am – Activity (Ultimate Capture the Flag) | 10:30 am – Snack | 10:30-11 am – Activity (Wiffle Ball) |
| 11-11:30 am – Activity (Craft) |
| 11:30-12 pm – Activity (Fishy Fishy) | 11:30-12 pm – Activity (Four Corners) | 11:30-12 pm – Activity (Medic Pin Tag) | 11:30-12 pm – Activity (Water Balloon Toss) | 11:30-12 pm – Activity (Ultimate Rock, Paper, Scissors) |
| Noon – Lunch |
| 12:45- 1:45 pm – Free Play (Four Square, Park, Craft) | 12:45- 1:45 pm – Free Play (Four Square, Park, Craft) | 12:45- 1:45 pm – Free Play (Four Square, Park, Craft) | 12:45- 1:45 pm – Free Play (Four Square, Park, Craft) | 12:45- 1:45 pm – Free Play (Four Square, Park, Craft) |
| 1:45-2:45 pm – Activity (Go Bananas) | 1:45-2:45 pm – Activity (Soccer) | 1:45-2:45 pm – Activity (Museum) | 1:45-2:45 pm – Activity (Beach Volleyball) | 1:45-2:45 pm – Activity (Scavenger Hunt) |
| 3:00 pm - Pick up |

All Parks Day

All Parks Day is an event hosted by the staff from Rahanis, Regan, and Wildwood. This event enables children from each park to meet and socialize with one another. The day will include fun large-group activities, crafts, and special events just for All Parks Day! All Parks Day will be hosted:

July 31st @ Rahanis

As we approach the dates, an email will be sent to every parent with more information.



Get to Know Me

My name is Keira Coughlin, and I am so excited to be the new director of Rahanis Park! This will be my fifth summer with the Burlington Parks and Recreation Department. You may have met me previously at Club Simonds or last summer, when I was the director of Wildwood. Some fun facts about me are that I am currently attending the University of New Hampshire, I want to be a teacher, and I love spending time outdoors.

If you have any questions, feel free to contact me through email at rahanisparksplace@gmail.com or call/text **781-281-9940**. You may also contact Burlington Parks and Recreation at **781-270-1695**. I look forward to meeting everyone and having another great summer!

Keira Coughlin
Director of Rahanis Park
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