

Jump Start Parent Guide

Burlington Parks and Recreation Department



Program Location: Pine Glen Elementary School

1 Pine Glen Way, Burlington, MA 01803

Arrival: 9 am

Dismissal: 1 pm

About the program: Jump Start is a fun and exciting active program for preschool aged children. We will encourage good sportsmanship and introduce various sports foundations such as soccer, baseball, softball, hockey, and more! Parents will be notified of any theme and water days on the first day of each week. Jump Start provides a safe environment for kids to have fun, learn new sports skills, and take big strides towards becoming active and engaged members of the community!

We are looking forward to working with your children this summer and please do not hesitate to contact us at any time!

What to bring: Please send your child to the program with plenty of water and a **nut free** snack and lunch. We may eat lunch outside, so we recommend keeping a beach towel or blanket in your child's bag. Our staff are not permitted to administer or apply sunscreen, so please apply this prior to their arrival. We will be spending a portion of each day outside, so sunglasses and hats are recommended. Accidents happen, please pack your child with a change of clothing!

All children should come to Jump Start wearing sneakers or other closed toed shoes, as we are an active program. We may call home for a change of footwear if necessary.

Check in/Check out: All participants must be registered to attend the Jump Start program. The program begins promptly at 9:00 AM. Please do not drop off your child prior to this time, as early drop-offs are not permitted. Upon arrival, please check in with a staff member at the cafeteria entrance of Pine Glen Elementary School. A Burlington Parks and Recreation flag will be displayed each morning, and a staff member wearing a red or blue Burlington Parks and Recreation Department t-shirt will be at

the door to greet you and your child. Parents or guardians must accompany their child to the door for drop-off.

Jump Start concludes promptly at 1:00 PM. For pick-up, we kindly ask that you wait at the door until your child's name is called to ensure a safe and orderly dismissal process. If someone other than the parent or guardian will be picking up your child, please provide written notice including the individual's name. A photo ID will be required for dismissal to ensure your child's safety.

For children enrolled in both Jump Start and Crafts and Play, (pre-registration required), there is no need to check in your child between the two programs, we will have our staff facilitate this transition.

Water Day and Theme Days: Each week we will have a water day. Please send your child to the program wearing their bathing suit and sunscreen on water day. We will announce which day is going to be water day on the first day of each week. Children do not need to know how to swim for water day, we do not have a pool. Some weeks we may have a theme day where we may ask you to send your child wearing something such as their favorite baseball hat. This will be communicated in a newsletter at the beginning of each week.

Bathroom/Toileting: To ensure a positive and consistent experience for all participants, children must be fully toilet trained in order to enroll in the Jump Start program. Parents are required to complete a brief acknowledgment form confirming their understanding of this policy. The form will be accessible through the Parent Portal on the Burlington Parks and Recreation Department website.

We appreciate your cooperation, as strict adherence to this policy helps maintain fairness and supports the success of all participants.

Schedule: We will go over our schedule for the day each morning during our morning circle. We provide a visual schedule that is accessible to the children at any time during the day. We do our best to make the children aware of all activities and provide warnings before all transitions. If this is something that your child struggles with, please let us know and we will work with you to develop a plan!

Therapeutic Recreation Services: If you anticipate any barriers to your child's participation in Jump Start, please let myself or the recreation office know. We are proud to offer inclusion services to enhance your child's experience in our programs.

Core Values: Burlington Parks and Recreation Department has developed four core values to unite and strengthen our community. All staff, directors, and volunteers adhere to these values:

Everyone belongs in Burlington, We strive to be better every day, Together we have it all, and Safety first always.



Theme Weeks:

- Week 1: Olympics
- Week 2: All Star Athletes
- Week 3: Superhero Training
- Week 4: Team Spirit Week
- Week 5: Out of this World Athletes
- Week 6: Wacky Sports



Hello!

My name is Claire Egan and I will be the director for Jump Start this year. I recently graduated from Quinnipiac University with a Bachelor's degree in Psychology. I love working with preschoolers and this will be my third summer directing a preschool program and my 7th year working at Burlington Parks and Rec! I love going to the beach, reading, and traveling and I am looking forward to a fun and exciting time in Jump Start this summer!

If you have any questions or concerns please reach out to me at any time at
jumpstartburlington@gmail.com.